

# **THE HAVEN Pregnancy Counselling Centre**

Charity No. 1094932

## **Title of Volunteering Opportunity**

Trained Advisor providing Pregnancy Loss and Post-Abortion Counselling

## **Vision and Purpose of Role**

The Haven offers free, non-judgmental and confidential support to women and men who need help coming to terms with miscarriage, pregnancy loss or an abortion. Our trained volunteer Advisors offer a sensitive post-abortion/pregnancy loss recovery programme enabling clients to work through their emotions in a safe and supportive environment.

## **Main Activities and Responsibilities**

An Advisor at The Haven is expected to:

- Be available to work in the Centre in Burgess Hill as required and be committed to seeing clients on a weekly/regular basis over an extended period.
- Undergo Counselling Skills and Pregnancy Loss Training (approximately 30 hours and involving homework tasks) and further training as necessary.
- Use an established therapeutic programme to help the client explore their feelings, work through their grief and begin to move forward (this usually takes several months).
- Refer clients to other sources of help as appropriate.
- Use the recognised system for recording data and keeping client records.
- Liaise, as necessary, with other agencies and individuals to help bring about change on issues raised.
- Attend regular supervision sessions.

Our trained Advisors are expected to comply with the BACP Code of Ethics and Practice.

## **Character, skills and prerequisites**

- To be a committed Christian
- To have a non-judgmental attitude and a non-directive manner
- To be known for the following characteristics:
  - Empathy
  - Kindness
  - Gentleness
  - Patience
  - Friendliness
  - Flexibility
  - Emotional stability and resilience
- To have active listening skills

- To be willing to receive training and feedback
- To support the ethos, values and practices of the Christian faith, and understand that this is a ministry of grace and mercy that seeks to show the love of Christ
- To have worked through any related personal issues of loss or bereavement yourself, in order that these do not interfere in the therapeutic process with clients
- Previous experience and/or training in counselling is desirable, but not essential

### **Benefits**

Opportunity to receive training

Opportunity to network with other volunteers at The Haven and across the area  
Working with centre staff and other volunteers to aid personal development.

### **Support**

Monthly group supervision from a professional, external supervisor.

### **Requirements**

Applicants will be asked to provide the names of TWO referees, one of which should be their current church leader. They will be contacted to provide references regarding suitability for this volunteer role.

Applicants will also be required to have an enhanced DBS check.

### **Contact info**

The Haven Pregnancy Counselling Centre  
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