

THE HAVEN Pregnancy Counselling Centre

Charity No. 1094932

Title of Volunteering Opportunity

Trained Advisor providing Unplanned Pregnancy Counselling

Vision and Purpose of Role

The Haven offers free, non-judgmental and confidential support for clients who are facing an unplanned or complicated pregnancy and who want to talk through their options. We offer a safe place where both women and men can explore their thoughts & feelings in a non-judgemental environment.

Our work is client-centred and non-directive, aiming to support each individual to explore their concerns, feelings and options before reaching their own informed decision, and respecting the autonomy of clients at all times. We offer ongoing emotional support and advice whatever the outcome.

Main Activities and Responsibilities

An Advisor at The Haven is expected to:

- Be available to see clients in the Centre in Burgess Hill, as required
- Undergo the required training (approximately 30 hours and involving homework tasks)
- Carry out pregnancy tests when required
- Support clients, by listening and giving them space and encouragement to think through their crisis situation
- Help them to better understand the options open to them
- Endeavour to equip the client to make decisions about possible ways forward
- Refer them to other sources of help as appropriate, including post-abortion support
- Follow up with further information or support, as necessary
- Use the recognised system for recording data on client records
- Liaise, as necessary, with other agencies and individuals to help bring about change on issues raised
- Be committed to pray for the work of The Haven and the clients
- Attend monthly supervision sessions

Our trained Advisors are expected to comply with the BACP Code of Ethics and Practice.

Character, skills and prerequisites

- To be a committed Christian
- To have a non-judgmental attitude and a non-directive manner

- To be known for the following characteristics:
 - Empathy
 - Kindness
 - Gentleness
 - Patience
 - Friendliness
 - Flexibility
 - Emotional stability and resilience
- To have active listening skills
- To be willing to receive training and feedback
- To support the ethos, values and practices of the Christian faith, and understand that this is a ministry of grace and mercy that seeks to show the love of Christ
- Previous experience and/or training in counselling is desirable, but not essential

Benefits

Opportunity to receive training

Opportunity to network with other volunteers at The Haven and across the area

Working with centre staff and other volunteers to aid personal development.

Support

Monthly group supervision from a professional, external supervisor.

Requirements

Applicants will be asked to provide the names of TWO referees, one of which should be their current church leader. They will be contacted to provide references regarding suitability for this volunteer role.

Applicants will also be required to have an enhanced DBS check.

Contact info

The Haven Pregnancy Counselling Centre

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